

## Women's health - Let's talk about it

We ask certain questions to help make sure that policy-making is representative and to understand how it may affect certain groups. Please do not identify anyone else in your answers to any questions during this survey if they have not given permission for you to do so. This survey is open to individuals aged 16 years and over on the Isle of Man only.

Please answer to the below questions as yourself if you are answering as a health or care professional, or are sharing your own experience. If you are answering on behalf of someone else, please enter the details of the person you have in mind.

**1. Are you responding as an individual or an organisation?**

- An individual
- An organisation

**2. Which area of the Island are you answering from?**

- North
- South
- East
- West



**3. In what capacity are you responding to this survey?**

- Sharing my own experiences
- Health and care professional
- Partner to a woman
- Family member (excluding partners) to a woman
- Friend to a woman
- Other

**4. What is your age?**

- 16-17 years old
- 18-19 years old
- 20 - 24 years old
- 25 - 29 years old
- 30 - 39 years old
- 40 - 49 years old
- 50 - 59 years old
- 60 - 69 years old
- 70 - 79 years old
- Above 80 years old

**5. What is your sex?**

- Female
- Male

**6. Is the gender you identify with the same as your sex registered at birth?**

- Yes
- No

If no, add your gender identity:

**7. What is your ethnicity? Choose one option that best describes your ethnic group or background.**

- White
- Mixed/Multiple ethnic groups
- Asian/British Asian
- Black/African/Caribbean/Black British
- Prefer not to say
- Other ethnic group

**8. May we publish your response?**

Read [Manx Care's privacy notice](#) for more information on your rights.

- **Yes, publish in full** – your first name and surname, organisation name, along with full answers will be published on the hub (your email will not be published)
- **Yes, publish anonymously** – only your responses will be published on the hub (your name, organisation and email will not be published)
- **No, do not publish** – nothing will be published publically on the hub (your response will only be part of a larger summary response document)

The following questions address topics such as health, women's voices, information and education on women's health, women's health through the life course. All sections are optional; please skip any questions or sections you do not want to answer. All responses, regardless of the degree to which they are answered, will be recorded and analysed.

**9. Which women's health topics do you think should be the main priorities of the Women's Health Strategy here on the Isle of Man? Select your top five.**

- Alcohol, drugs and addiction
- Autism and neurodiversity
- Carers
- Diabetes
- Disability
- Fertility, pregnancy, pregnancy loss and post-natal support
- Gynaecological conditions for example endometriosis, fibroids
- Healthy ageing
- Health behaviours, for example tackling obesity, tobacco
- Heart disease and stroke
- Health impacts of violence against women and girls
- Menopause
- Mental health
- Menstrual health, for example period pain, heavy menstrual bleeding
- Musculoskeletal conditions for example arthritis
- Neurological conditions for example dementia, multiple sclerosis
- Other cancers, for example lung cancer
- Pelvic floor health
- Screening services
- Sexual health including contraception
- Womb, ovarian, cervical, vulval and vaginal cancers
- Veterans' health
- Other:

**How comfortable do you/the woman you have in mind feel talking about health issues with friends, family members, medical professionals and care professionals? Please mark the level of comfort discussing with each group below.**

**10. Friends**

	Comfortable	Uncomfortable	Don't know
Menstrual wellbeing for example period pain, heavy menstrual bleeding			
Contraception and pregnancy for example fertility, pregnancy, post-natal support			

Gynaecological cancers (womb, ovarian, cervical, vulval and vaginal)			
Gynaecological conditions for example endometriosis, fibroids			
Menopause			
General physical health concerns for example diabetes or heart disease			
Mental health conditions			
Disability, autism and neurodiversity			

### 11. Family members

	Comfortable	Uncomfortable	Don't know
Menstrual wellbeing for example period pain, heavy menstrual bleeding			
Contraception and pregnancy for example fertility, pregnancy, post-natal support			
Gynaecological cancers (womb, ovarian, cervical, vulval and vaginal)			
Gynaecological conditions for example endometriosis, fibroids			
Menopause			
General physical health concerns for example diabetes or heart disease			
Mental health conditions			
Disability, autism and neurodiversity			

## 12. Health or care professionals

	Comfortable	Uncomfortable	Don't know
Menstrual wellbeing for example period pain, heavy menstrual bleeding			
Contraception and pregnancy for example fertility, pregnancy, post-natal support			
Gynaecological cancers (womb, ovarian, cervical, vulval and vaginal)			
Gynaecological conditions for example endometriosis, fibroids			
Menopause			
General physical health concerns for example diabetes or heart disease			
Mental health conditions			
Disability, autism and neurodiversity			

**13. Have there been any instances where you/the woman you have in mind felt you/they were not listened to by health or care professionals?**

- Yes
- No

**14. If there have there been instances where you/the woman you have in mind felt you/they were not listened to by health or care professionals, please select the nature of the discussion you had (select all that apply):**

- Seeking informed consent
- Discussing symptoms
- Asking for more information about an issue or condition
- Seeking referral to a specialist
- Discussing diagnosis of a condition or disability
- Discussing treatment options
- Being asked for consent to a procedure or course of action
- Follow-up care
- Raising concerns or a complaint
- Don't know

- Prefer not to answer
- Other:

**15. Have there been any instances where you/the woman you have in mind felt you/they were not listened to in relation to specific health issues or conditions? Enter example(s) – (max. 50 words)**

**16. Which of the following sources do you/the woman you have in mind go to for health information? Please pick up to five.**

- Academic or Medical journal articles
- Online including blogs and search engines
- Charities
- Leaflets at GP/Pharmacy/Hospital
- Libraries
- Family or friends
- Google search
- Manx Care web pages
- Helplines
- Magazines
- NHS website
- School
- Social Media (for example Instagram, Facebook, YouTube, TikTok or Twitter)
- Local news sites
- GP/Health or Care professionals
- Youth club
- Don't know
- Prefer not to say
- Other:

Please indicate whether you agree or disagree with the following statements. Mark your response as shown below for each statement.

**17. Do you think you/the woman you have in mind have/has received or have/has access to enough information on:**

	Agree	Disagree	Don't know
How to prevent ill-health or maintain your health			

Menstrual well-being for example period pain, heavy menstrual bleeding			
How to prepare for or prevent pregnancy			
Gynaecological cancers (womb, ovarian, cervical, vulval and vaginal)			
Gynaecological conditions for example endometriosis, fibroids			
Menopause			
General physical health concerns for example diabetes, heart disease			
Mental health conditions			
Disabilities			
Specific health services available for example female genital mutilation clinics, sexual assault referral centres			

**18. Do you have any suggestions for things that would help women better access information and education on women's health? (max. 50 words):**

**19. Do you/the woman you have in mind feel that you/they can access all the services that you/they need in a way that is convenient to you/them in terms of location?**

- Yes
- No
- Don't know

**20. Do you/the woman you have in mind feel that you/they can access all the services that you/they need in a way that is convenient to you/them in terms of timing?**

- Yes
- No

- Don't know

**21. Would you like to share examples or provide suggestions as to how service accessibility can be improved? (max. 50 words)**

**22. Are there any service changes that you think women would like to see continued in the future? (max. 50 words)**

**23. If you have any additional comments, please note them below (max. 50 words):**

Thank you for your participation.

To return your completed response, please follow one of the two options below.

- Please scan and email: [WomensHealthStrategy@gov.im](mailto:WomensHealthStrategy@gov.im)
- Please post your response to: Women's Health Strategy Consultation  
Manx Care  
Women, Children and Families Integrated Care Group  
Crookall House  
Demesne Road  
Douglas  
IM1 3QA





**manx care**

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